

# PERFECT BALANCE

1 + 2 = 23,90 CHF



1

## CHOISISSEZ VOTRE PLATTER VEGGIE

### GREEK-INSPIRED MEDLEY

Base quinoa aux cranberries, aubergines rôties, salade tomate/concombre/oignon, dip ktipiti, olives kalamata, feta et sauce huile d'olive citron.

### QUINOA BERRY BLISS

Base quinoa aux cranberries, butternut confit, salade de chou rouge-pomme, avocat, dip tzatziki, graines de courge.

### REFRESHING SALAD MIX

Base salade, salade tomate/concombre/oignon, salade concombres-pois chiches, avocat, dip babaganoush, grenade et sauce huile d'olive citron.

### LENTIL & SWEET POTATO

Base salade, salade de lentilles, champignons poêlés, patates douces, dip houmous, feta et sauce miel-moutarde.

### PINK HUMUS HARMONY

Base boulgour aux herbes, salade concombres-pois chiches, avocat, dip houmous de betterave, feta, pistaches concassées et pétales de roses, huile d'olive citron.

### LEVANTINE DELIGHT

Base boulgour aux herbes, aubergine rôtie, patates douces, salade concombres pois chiches, dip babaganoush, grenade et sauce tahini.

### SEASONAL PLATTER

Base riz-lentilles, butternut confit, chou-fleur roti, dip courge feta, amandes effilées, grenade et sauce tahini.

### CREAMY SPICY DRIZZLE

Base pommes de terre rôties, chou-fleur rôti, salade d'aubergines, carottes, dip houmous betterave, amandes effilées, grenade, sauce spicy et sauce herbes.

### GUACAMOLE TWIST

Base pomme de terre rôties, champignons poêlés, salade d'aubergines, carottes en batonnets, dip guacamole, maïs grillé et sauce spicy.

### FRESH BOWL

Base riz-lentilles, salade tomate/concombre/oignon, salade de chou rouge-pommes, dip tzatziki, graines de courge et sauce chimichuri.

### TRUFFLED AVOCADO TWIST

Base riz-lentilles, avocat, champignons poêlés, carottes rôties, dip houmous, chips pita et sauce truffe.

2

## AJOUTEZ UNE PROTEINE

FALLAFELS COURGETTE

KEFTAS BEYOND MEAT

POULET CONFIT MIEL-CITRON

SAUMON GRAVLAX

OEUFS MOLLETS

HALLOUMI GRILLE

BURRATINAS +1.-

EXTRA +2.50

PAIN PITA   
CHIPS PITA  
OEUF MOLLET  
BURRATINA  
HALLOUMI  
GRILLE AVOCAT

## SWEET CORNER

BABKA	5.50
GATEAU DU JOUR	4.50
FONDANT AU CHOCOLAT	5.50
INVISIBLE AUX POMMES	5.50
PITA CHOCO-NOISETTE	5.50

## A COMPOSER

BASE + VEGETABLE (3)  
+DIP + SAUCE/TOPPING

dip

# PERFECT BALANCE

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1

## CHOOSE YOUR VEGGIE PLATTER

### GREEK-INSPIRED MEDLEY

Quinoa base with cranberries, roasted eggplants, tomato/cucumber/onion salad, ktipiti dip, Kalamata olives, feta, and lemon olive oil sauce.

### QUINOA BERRY BLISS

Quinoa base with cranberries, confit butternut, red cabbage and apple salad, avocado, tzatziki dip, pumpkin seeds.

### REFRESHING SALAD MIX

Mixed salad base, tomato/cucumber/onion salad, cucumber-chickpeas salad, avocado, babaganoush dip, pomegranate, and lemon olive oil sauce.

### LENTIL & SWEET POTATO

Mixed salad base, lentil salad, sautéed mushrooms, sweet potatoes, hummus dip, feta, and honey-mustard sauce.

### PINK HUMMUS HARMONY

Herbed bulgur base, cucumber-chickpeas salad, avocado, beetroot hummus dip, feta, crushed pistachios and rose petals, lemon olive oil.

### LEVANTINE DELIGHT

Herbed bulgur base, roasted eggplant, sweets potatoes, cucumber-chickpeas salad, babaganoush dip, pomegranate, and tahini sauce.

### SEASONAL PLATTER

Rice-lentil base, confit butternut, roasted cauliflower, pumpkin dip feta, sliced almonds, pomegranate, and tahini sauce.

### CREAMY SPICY DRIZZLE

Roasted potatoes base, roasted cauliflower, eggplant salad, carrots, hummus dip, feta, sliced almonds, pomegranate, spicy sauce, and herb sauce.

### GUACAMOLE TWIST

Roasted potatoes base, sautéed mushrooms, eggplant salad, carrot sticks, guacamole dip, grilled corn, and spicy sauce.

### FRESH BOWL

Rice-lentil base, tomato/cucumber/onion salad, red cabbage and apple salad, tzatziki dip, pumpkin seeds, and chimichurri sauce.

### TRUFFLED AVOCADO TWIST

Rice-lentil base, avocado, sautéed mushrooms, roasted carrots, hummus dip, pita chips, and truffle sauce.

2

## ADD A PROTEIN

ZUCCHINI FALAFELS

BEYOND MEAT KEFTAS

LEMON-HONEY CONFIT CHICKEN

GRAVLAX SALMON

SOFT-BOILED EGGS

GRILLED HALLOUMI

BURRATINAS +1.-

EXTRA

+2.50

PITA BREAD

PITA CHIPS

BURRATINA

SOFT-BOILED EGG

GRILLED HALLOUMI

GRILLED AVOCADO



## SWEET CORNER

BABKA

5.50

CAKE OF THE DAY

4.50

CHOCOLATE FONDANT

5.50

APPLE INVISIBLE

5.50

CHOCO-HAZELNUT PITA

5.50

## CREATE YOUR OWN

BASE + 3 VEGETABLES +

DIP + SAUCE/TOPPING

dip